PUBLIC HEALTH NEWS & UPDATES

TEXAS RESEARCH-TO-POLICY COLLABORATION PROJECT

March 2025

Celebrate National Nutrition Month®

Upcoming Webinars

[The Status of Child Health in Texas: Results from the Texas SPAN 2021-2023 Survey]

March 27, 2025
12:00 PM- 1:00 PM CT

Register Today!

What is the status of child health in Texas post-COVID-19?

The Texas School Physical Activity and Nutrition (Texas SPAN) survey gathered data during the 2021-2022 and 2022-2023 school years. This presentation will highlight the latest findings on childhood obesity, youth dietary habits, and physical activity behaviors across Texas.

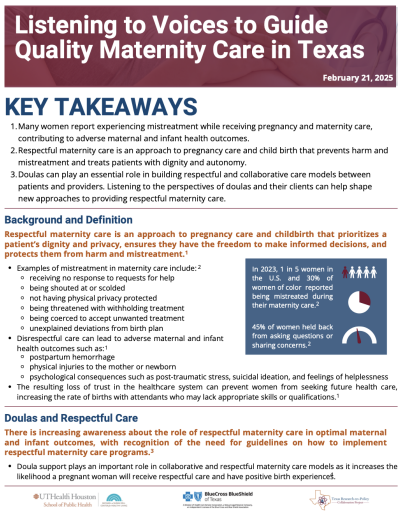
While some areas show improvement, others still face significant challenges. Join us to explore where Texas children stand today and discuss potential strategies to address these ongoing health concerns.
Tune in to see where Texas children are and potential strategies for addressing these needs.

Presenter:
Deanna Hoelscher, PhD, RD, LD, CNS
John P. McGovern Professor in Health Promotion
and Austin Regional Campus Dean
UTHealth Houston School of Public Health

Moderator:
Joel Romo
President & Founder
Texana Public Affairs

TX RPC Project Health Policy Resources:

5 New Reports Published!



Listening to Voices to Guide Quality Maternity Care in Texas

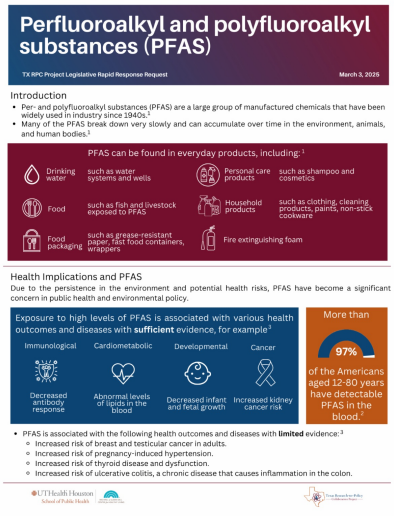
Released February 21, 2025

This report discusses doulas, respectful maternity care in Texas, and recommendations for the implementation of respectful maternity care.

Food Additives and Dyes

Released March 7, 2025

This rapid response request report discusses food additives and dyes and the potential health risks related to these additives.



Perfluoroalkyl and polyfluoroalkyl substances (PFAS)

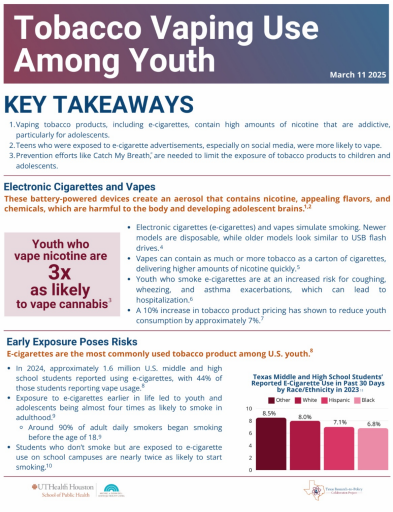
Released March 3, 2025

This rapid response request report discusses PFAS and the potential health risks related to these chemicals.

Effects of Tobacco Use on Health

Released March 11, 2025

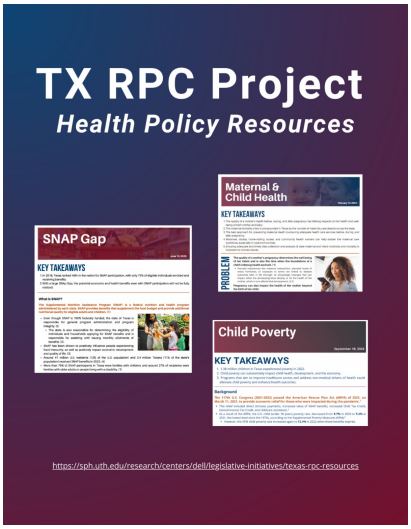
This report discusses the effects of tobacco use on health and provides recommendations to help support tobacco prevention and cessation programs to promote healthier Texans.



Tobacco Vaping Use Among Youth

Released March 11, 2025

This report discusses tobacco vaping use among youth in the U.S. and Texas and provides recommendations on vaping prevention and cessation for youth and adolescents.



Read our previously published Health Policy Resources.

Texas Child Health Status Reports: Updates Coming Soon!

A series of reports on Texas child health topics using state-level data from the Texas School Physical Activity and Nutrition Project 2021-2023 will be published soon. Topics include obesity, nutrition, breakfast consumption, physical activity, screen time, sleep, and more.

Read our previously published reports.

Resource Corner

The TX RPC Project develops accessible and accurate public health policy-related resources from field experts. Links to specific resource categories on our website can be found below:

Texas Legislative Bill Tracker

Michael & Susan Dell Center for Healthy Living Webinar Series

TX RPC Project Health Policy Resources

Texas Child Health Status Reports and Toolkits

TX RPC Project Newsletters Archive

Request information on a public health topic.

About

The Texas Research-to-Policy Collaboration (TX RPC) Project is a nonpartisan network that aims to bridge research and policy by supporting partnerships between child health researchers and legislators.

If you and your legislative office are interested in collaborating with our team to receive data-driven information at state, district, and local levels, please reach out to TXRPCNetwork@uth.tmc.edu.

Contact Our Team

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For more information about the TX RPC Project, please email:TXRPCNetwork@uth.tmc.edu.

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